



MISSION:

New Horizons Regional Education Centers mission is to promote and foster an environment of health improvement within the organizations. The strategy is to promote the improvement of health and well-being of employees, retirees and members of their families by designing, developing, implementing, and evaluating programs based on documented needs. The HealthyU employee wellness program provides opportunities to improve the health of all constituents no matter what their current health status.

VISION:

The vision of New Horizons Employee Wellness Program is to become a resource for New Horizons' employees in achieving healthier lifestyles.

VALUES:

An awareness of self-efficacy and healthy choices will not only improve your quality of life, but it will also help to: reduce future health insurance premiums, decrease absenteeism, improve productivity and strengthen New Horizons ability to retain and perhaps attract new employees.